

Welcome to
Swimming Buddies.

I am going to
swimming sessions
and can find out
what will happen by
reading this guide.



Our Journey to Swimming Buddies at Kilkeel Leisure Centre

Let's follow Sammy Seahorse...



Before I come, I will need the right clothes for swimming.

This can be a swimsuit or swim shorts; I can choose to wear a rash vest or wetsuit if I need.

I can choose to bring goggles, a swim hat or ear bands.

I can wear all my swim things to the pool with something on top to keep me warm, or I can pack them and change when I get there.
I will need a towel to dry myself with after.

I can shower at the pool. I will need to bring my shower things like shampoo and body wash.

If I don't like to feel different textures with my bare feet I can bring flip flops or water shoes to wear in the changing room and around the edge of the pool. These must be clean "inside only" shoes.





This is Kilkeel
Leisure Centre.

The pool is inside.



Comhairle Ceantair
an Iúir, Mhúrn
agus an Dúin
Newry, Mourne
and Down
District Council

2

The entrance is here through the automatic doors.



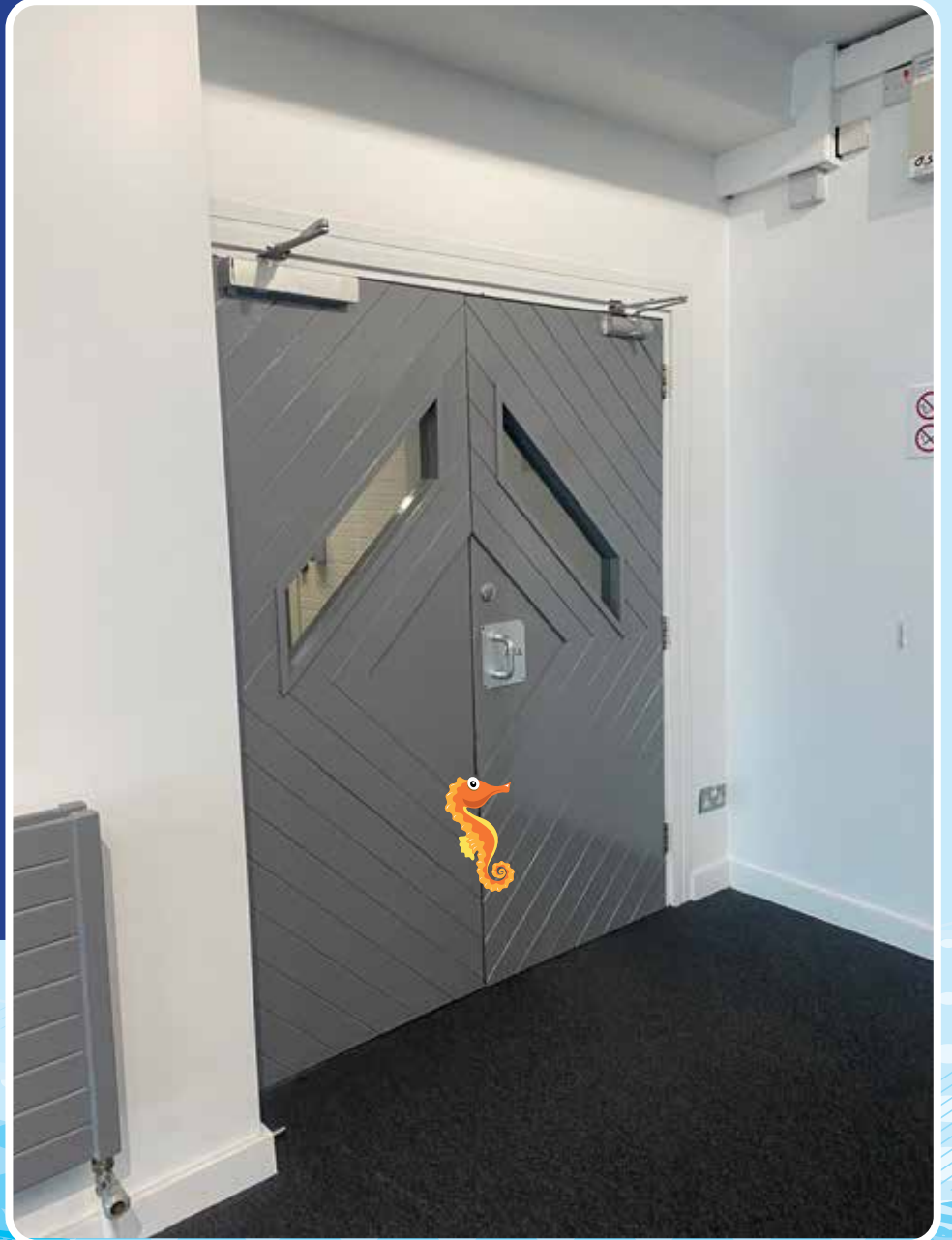
3

This is the entrance to reception.



4

This is the entrance to
the changing rooms.



5

I follow through
these doors to the
changing rooms.



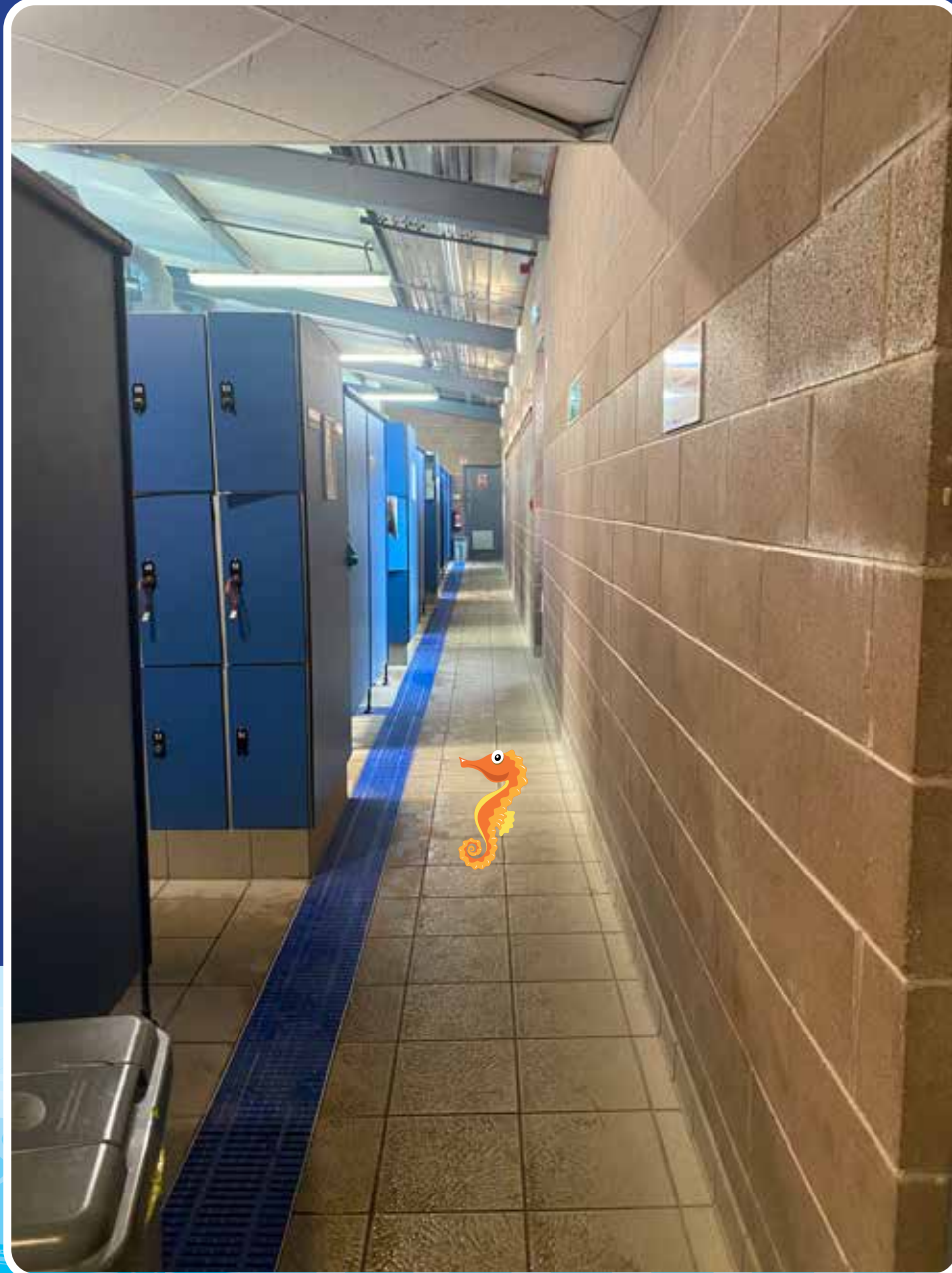


I take a right turn
here to get to
changing rooms.



7

There are lockers
and changing rooms
on the left.



8

I can get ready
for the pool in here.





I will wait here and my coach will come to take me safely to the pool for my session.



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This is where I will
have my Swimming
Buddies session.

My coach will let me
know which part of
the pool we are using.

